

# Memorandum of Understanding

Between

The **International Commission on Illumination (CIE)**

The **Society for Light, Rhythms and Circadian Health (SLRCH)**

The **Daylight Academy (DLA)**

The **Good Light Group (GLG)**

The **Center for Environmental Therapeutics (CET)**

## Introduction

This Memorandum of Understanding (MoU) is entered into by the International Commission on Illumination (CIE), the Society for Light, Rhythms and Circadian Health (SLRCH), the Daylight Academy (DLA), the Good Light Group (GLG), and the Center for Environmental Therapeutics (CET), hereinafter referred to collectively as the Supporting Organizations.

This MoU formalizes the partnership among these organizations to jointly support a campaign known as the Light for Public Health Initiative, which aims to raise global awareness about the effects of ocular light exposure on circadian rhythms, sleep, mood, and overall health. Rooted in the [outcomes of the Ladenburg Roundtable \(April 2024\)](#) and guided by consensus-based expert input, this collaboration reflects a shared commitment to making evidence-based light-health knowledge accessible and actionable and to actively support dissemination of such knowledge.

The initiative is supported by the Ladenburg Consortium, a network of international experts who act as a scientific advisory body. This group contributed to developing consensus statements on the effects of ocular light on physiology and health (<https://lightforpublichealth.org/>) and continues to provide critical guidance on the scientific integrity and relevance of the content of campaign material and the direction of the campaign.

## Purpose

This MoU aims to establish a coordinated, international framework for communication and outreach on the non-visual effects of light and to promote a unified message in alignment with public health objectives.

The goals of this collaboration are:

- To disseminate evidence-based, simplified messages about the health effects of light, rooted in the Ladenburg consensus statements.

- To enable broad, inclusive public engagement through multilingual multimedia outreach materials.
- To support long-term capacity building around light-health communication within each organization's network.
- To promote the responsible use of light in policy, design, healthcare, and education through partnerships and expert guidance.
- Any additional shared goals as agreed upon by the unanimous consensus of the Supporting Organizations.

## Implementation timeline

Initial campaign launch on 16 May 2025 (UNESCO International Day of Light).

Ongoing dissemination, evaluation, and refinement until the end of 2026.

## Roles and Responsibilities

### International Commission on Illumination (CIE)

The CIE is represented by the CIE President or Secretary General, or by individuals they may designate.

- Provide scientific and metrological expertise related to light measurement.
- Ensure technical accuracy of messages involving light quantities and definitions.
- Provide scientific expertise related to photobiology, action spectra, and the effects of light on well-being broadly defined.
- Provide scientific and illuminating engineering expertise related to lighting applications intended to provide integrative lighting.
- Provide other input as needed within the scope of the activities of the CIE.
- Support outreach and networking to allied organizations including but not limited to the International Science Council.
- Support communications, promotion, and media relations.

### Society for Light, Rhythms and Circadian Health (SLRCH)

- Contribute clinical and chronobiological perspectives.
- Connect the initiative to the broader chronobiology, chronotherapy, and psychiatric health communities

### Daylight Academy (DLA)

- Support interdisciplinary outreach, particularly in architecture, daylight research, and environmental design
- Facilitate translation of findings to urban, policy, and societal applications

## Good Light Group (GLG)

- Lead messaging for consumer and professional audiences.
- Support the production of accessible outreach formats, including social media content, animations, and infographics

## Center for Environmental Therapeutics (CET)

- Contribute expertise on practical light-based interventions for mood and sleep.
- Share validated tools and resources to support individual behaviour change.

## Shared responsibilities

- Align on key messaging and terminology
- Participate in regular coordination meetings and joint reviews
- Support the promotion and distribution of campaign materials
- Collaboratively monitor impact and engagement metrics

## Coordinating Committee

A Coordinating Committee shall be established to facilitate the implementation of this MoU and ensure consistent progress. The main form of decision making is through consensus, defined as a majority of 5/7 (five participating organisations, one chair, one co-chair). The committee will include representatives from each Supporting Organization and may consist of additional invited advisors or observers on specific topic with well-defined scope as agreed upon by consensus. Advisors or observers do not contribute to the 5 votes.

### **Responsibilities of the Coordinating Committee:**

- Oversee the planning, execution, and review of campaign activities
- Coordinate the drafting, review, and approval of messaging and materials
- Monitor timelines, deliverables, and adherence to the goals of this MoU
- Serve as the primary decision-making and dispute resolution body for this collaboration
- Organize regular coordination meetings (at a minimum, quarterly)

The Coordinating Committee will be chaired by Prof. Dr. Manuel Spitschan, Technical University of Munich & Max Planck Institute for Biological Cybernetics, and co-chaired by Dr. Laura Kervezee, Leiden University Medical Center, until further decision by consensus.

Membership in the Supporting Organizations may be expanded to include other international organizations that share the mission and goals of this initiative. Such additions require a unanimous consensus of the existing Supporting Organizations, coordinated through the Coordinating Committee.

## Oversight and Terms of Agreement

### Indicators of success

- Broad uptake of campaign messages across professional and public channels
- Involvement of additional multipliers across sectors
- Engagement metrics such as website traffic, downloads, media reach, and stakeholder feedback

### Amendment process

- First joint review: January 2026
- Second joint review: June 2026
- Any party may propose revisions and such revisions must be approved by the Coordinating Committee by consensus

### Duration

This MoU enters into effect upon the date of the last signature and remains in effect until December 2026, unless extended or terminated by mutual agreement of all parties.

### **Agreed and Signed by Representatives of the Supporting Organizations:**

*<see next pages>*

International Commission on Illumination (CIE)



Name: Jiana WERNISCH

Title: Secretary General

Date: 16. October 2025



INTERNATIONALE  
BELEUCHTUNGS-  
KOMMISSION

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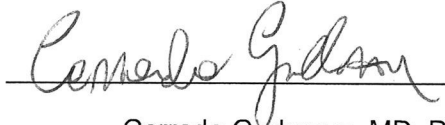


Name: JENNIFER A. VEITCH

Title: President

Date: 2025-10-09

Society for Light, Rhythms and Circadian Health

A handwritten signature in cursive script, appearing to read "Corrado Garbazza", is written over a horizontal line.

Name: Corrado Garbazza, MD, PhD

Title: President

Date: 13.10.2025

Daylight Academy



Name: Oliver Stefani

Title: Dr.

Date: 10.10.2025

Good Light Group

A handwritten signature in blue ink, appearing to read 'JAN W. DENNEMAN', written over a horizontal line.

Name: JAN W. DENNEMAN

Title: Chairman

Date: 7 October 2025

*Light for Public Health Initiative MoU*

Center for Environmental Therapeutics

*Michael Terman PhD*

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Name: Michael Terman, PhD

Title: President

Date: 10/7/2025